

# NOVEMBER 2017

## Taylor Early Childhood



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### DID YOU KNOW?

American football is the main sport watched in the United States during this month.

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Breaded Mozzarella  
Cheese Sticks  
Marinara Dipping Sauce  
Steamed Broccoli  
Assorted Fruit

Mini French Toast  
\*\*\*\*\*  
Cheeseburger  
Fresh Baby Carrots  
Assorted Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Cheesy Hamburger Helper  
Green Peas  
Assorted Fruit

Warm Cinnamon Roll  
\*\*\*\*\*  
Crispy Popcorn Chicken  
Mashed Potatoes & Gravy  
Assorted Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Domino's Cheese Pizza  
Seasoned Green Beans  
Assorted Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Chicken Patty Sandwich  
Fresh Cherry Tomatoes  
Assorted Fruit

Trix Yogurt Cup w/  
Graham Crackers  
\*\*\*\*\*  
Large Soft Pretzel w/  
String Cheese Stick  
Fresh Broccoli Florets  
Assorted Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Spaghetti w/ Meatsauce  
Steamed Broccoli  
Assorted Fruit

Mini Cinnis  
\*\*\*\*\*  
Turkey Roast w/ Gravy  
Warm Dinner Roll  
Mashed Potatoes & Gravy  
Assorted Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Domino's Cheese Pizza  
Seasoned Green Beans  
Assorted Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Chesseburger  
Oven Baked Fries  
Assorted Fruit  
Frosted Thanksgiving  
Cookie

Sliced Pumpkin Bread  
\*\*\*\*\*  
Domino's Cheese Pizza  
Seasoned Carrots  
Assorted Fruit

No  
School

Happy  
Thanksgiving

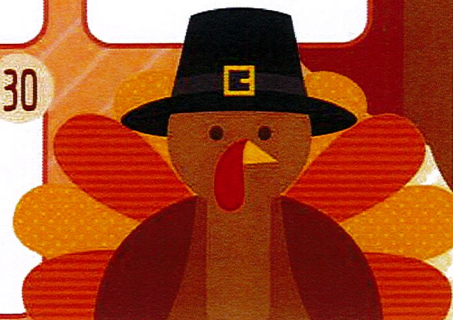
No  
School

No  
School

Mini Cream Cheese  
Filled Bagels  
\*\*\*\*\*  
Chicken Taco w/  
Shredded Cheese  
Refried Beans  
Assorted Fruit

Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*  
Toasted Ham & Cheese  
Sandwich  
Seasoned Carrots  
Assorted Fruit

Honey Bun  
\*\*\*\*\*  
Turkey & Cheese Wrap  
Fresh Broccoli Florets  
Assorted Fruit



\*\*\*Menu subject to change!

#### Breakfast includes:

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

#### Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

#### Daily Alternate Lunch Entrée

Peanut Butter and Jelly  
Sandwich  
Blackcat Pack – Yogurt &  
Graham Crackers

#### Meal Prices

Student Breakfast \$0.00  
Student Lunch \$2.50

Adult Breakfast \$2.05  
Adult Lunch \$3.25

#### School News

Nov. 22<sup>nd</sup> – 27<sup>th</sup> – No School  
Nov. 23<sup>rd</sup> – Thanksgiving

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revtrak.net>.

Help hint: deposit \$47.50 into your students account for lunch this month.

\*\*\*\*\*Every grain item is whole grain

USDA is an equal opportunity provider and employer.



# NOVEMBER 2017

## Pevely Elementary

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### DID YOU KNOW?

American football is the main sport watched in the United States during this month.

6  
Trix Yogurt Cup w/  
Graham Crackers  
\*\*\*\*\*

BBQ Rib Sandwich  
Baked Beans  
Chilled Peaches

7  
Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*

Chicken Nuggets  
Warm Bread Stick  
Mashed Potatoes & Gravy  
Fresh Grapes

8  
Mini French Toast  
\*\*\*\*\*

Beef Nachos w/ Queso  
Shredded Lettuce & Diced  
Tomatoes  
Salsa  
Refried Beans  
Chilled Apple Sauce

9  
Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*

Domino's Pizza Day  
Seasoned Green Beans  
Chilled Peaches

10  
Breakfast Bosco Egg &  
Cheese Stick  
\*\*\*\*\*

Cheeseburger  
Oven Baked Fries  
Fresh Orange Slices

13  
Mini Cream Cheese Filled  
Bagels  
\*\*\*\*\*

Hearty Mac & Cheese  
Entrée  
Warm Breadstick  
Green Peas  
Chilled Blueberries

14  
Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*

Breakfast for Lunch!  
Pancakes  
Sausage Link  
Tater Tots  
Fresh Grapes

15  
Sausage & Maple Pancake  
Wrap on a Stick  
\*\*\*\*\*

Toasted Ham & Cheese  
Seasoned Green Beans  
Chilled Peaches  
**Birthday Rice  
Krispie Treat**

16  
Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*

Assorted Tony's Pizza  
Seasoned Carrots  
Fresh Banana

17  
Assorted Large Muffin  
\*\*\*\*\*

Turkey Roast w/ Gravy  
Warm Dinner Roll  
Mashed Potatoes & Gravy  
Cinnamon Baked Apple  
Slices

20  
Honey Bun  
\*\*\*\*\*

Chicken Patty Sandwich  
Oven Baked Fries  
Chilled Mixed Fruit  
**Frosted Thanksgiving  
Cookie**

21  
Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*

Domino's Pizza Day  
Seasoned Carrots  
Chilled Blueberries

22  
**No  
School**

23  
**Happy  
Thanksgiving**

24  
**No  
School**

27  
**No  
School**

28  
Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*

Spaghetti w/ Meatsauce  
Garlic Breadstick  
Seasoned Green Beans  
Chilled Pears

29  
Mini Waffles  
\*\*\*\*\*

Popcorn Chicken  
Warm Dinner Roll  
Golden Corn  
Chilled Apricots

30  
Assorted Cereal w/  
Graham Crackers  
\*\*\*\*\*

Home-made Pepperoni  
or  
Cheese Pizza  
Steamed Broccoli  
Fresh Banana

\*\*\*Menu subject to change!

#### Breakfast includes:

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

#### Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

#### Daily Alternate Lunch Entrée

Peanut Butter and Jelly  
Sandwich  
Blackcat Pack – Yogurt &  
Graham Crackers  
(Tuesday/Thursday), Che  
Sticks w/ Soft Pretzel  
(Monday/ Wednesday/Fri

#### Meal Prices

Student Breakfast \$0.00  
Student Lunch \$2.50

Adult Breakfast \$2.05  
Adult Lunch \$3.25

#### School News

Nov. 15<sup>th</sup> – Birthday Celebrations  
Nov. 22<sup>nd</sup> – 27<sup>th</sup> – No School  
Nov. 23<sup>rd</sup> – Thanksgiving

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revtrak.net>. Help hint: deposit \$45.00 into your students account for lunch this month.

\*\*\*\*\*Every grain item is whole grain

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# NOVEMBER 2017

## Senn Thomas Middle & Herculanum High Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### DID YOU KNOW?

American football is the main sport watched in the United States during this month.

6  
Dutch Waffle w/ Sausage Link  
Or  
Assorted Bagels w/ Cream Cheese  
Assorted 100% Fruit Juice  
Assorted Fruit

7  
Breakfast Bites  
Or  
Mini French Toast  
Assorted 100% Fruit Juice  
Assorted Fruit

8  
Assorted Iced Long Johns  
Or  
Breakfast Pizza  
Assorted 100% Fruit Juice  
Assorted Fruit

9  
Sausage & Cheese Biscuit  
Or  
Warm Baked Cinnamon Roll  
Assorted 100% Fruit Juice  
Assorted Fruit

10  
Assorted Fruit Frudel  
Or  
Cheesy Scrambled Eggs & Biscuit  
Assorted 100% Fruit Juice  
Assorted Fruit

13  
Breakfast Pizza  
Or  
Pancakes  
Assorted 100% Fruit Juice  
Assorted Fruit

14  
Mini Breakfast Bites  
Or  
Mini Cinnis  
Assorted 100% Fruit Juice  
Assorted Fruit

15  
Fresh Baked Cinnamon Roll  
Or  
Mini Waffles  
Assorted 100% Fruit Juice  
Assorted Fruit

16  
Donut Holes  
Or  
Breakfast Boat  
Assorted 100% Fruit Juice  
Assorted Fruit

17  
Breakfast Taco  
Or  
Jumbo Waffle  
Assorted 100% Fruit Juice  
Assorted Fruit

20  
Sausage & Cheese Bagel  
Or  
French Toast Sticks  
Assorted 100% Fruit Juice  
Assorted Fruit

21  
Sausage & Cheese Biscuit  
Or  
Assorted Iced Long Johns  
Assorted 100% Fruit Juice  
Assorted Fruit

22  
No School

23  
Happy Thanksgiving

24  
No School

27  
No School

28  
Biscuits & Gravy  
Or  
Mini Filled Bagels  
Assorted 100% Fruit Juice  
Assorted Fruit

29  
Maple Pancake Sausage on a Stick  
Or  
French Toast Sticks  
Assorted 100% Fruit Juice  
Assorted Fruit

30  
Iced Donut Ring  
Or  
Breakfast Pizza  
Assorted 100% Fruit Juice  
Assorted Fruit



\*\*\*Menu is subject to change!

#### Breakfast includes:

- Entrée of bread and/or protein
- 100% 4 oz Juice
- ½ c fresh, frozen, canned fruit
- Choice of Cold Milk

#### Daily Alternate Breakfast Entrée

- Chocolate or Powdered Donuts
- Honey Bun
- Fruit & Yogurt Parfait w/Granola
- Assorted Cereal w/ Graham Crackers
- Assorted Benefit Bar
- Assorted Poptart
- Assorted Large Muffins

#### Meal Prices

Student Breakfast \$0.00  
Student Lunch \$2.60

Adult Breakfast \$2.05  
Adult Lunch \$3.25

#### School News

Nov. 22<sup>nd</sup> – 27<sup>th</sup> – No School  
Nov. 23<sup>rd</sup> – Thanksgiving

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revtrak.net>.

Help hint: deposit \$46.80 into your students account for lunch this month.

\*\*\*\*Every grain item is whole grain

USDA is an equal opportunity provider and employer.



# NOVEMBER 2017

## Senn Thomas Middle Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### DID YOU KNOW?

American football is the main sport watched in the United States during this month.

6  
Dominos Pizza  
(Sausage, Cheese, or Pepperoni)  
Seasoned Green Beans  
Assorted Fruit

7  
Crispy Popcorn Chicken  
Warm Dinner Roll  
Mashed Potatoes & Gravy  
Assorted Fruit

8  
Breaded Mozzarella  
Cheese Sticks  
Marinara Dipping Sauce  
Steamed Broccoli  
Assorted Fruit

9  
Cheesy Hamburger Helper  
Warm Dinner Roll  
Green Peas  
Assorted Fruit

10  
Chicken Fajitas  
Sauteed Peppers & Onions  
Warm Tortilla  
Refried Beans  
Assorted Fruit

13  
Dominos Pizza  
(Sausage, Cheese, or Pepperoni)  
Steamed Carrots  
Assorted Fruit

14  
Spaghetti w/ Meatsauce  
Breadstick  
Steamed Broccoli  
Assorted Fruit

15  
Cheesy Enchiladas  
Smothered in Red Sauce  
Black Beans  
Assorted Fruit

16  
Baked Potato Bar  
(Cheese, Diced Ham, Steamed Broccoli)  
Large Soft Pretzel  
Assorted Fruit

17  
Turkey Roast w/ Gravy  
Warm Dinner Roll  
Mashed Potatoes & Gravy  
Assorted Fruit

20  
Dominos Pizza  
(Sausage, Cheese, or Pepperoni)  
Golden Corn  
Assorted Fruit

21  
Shredded BBQ Pork Sliders  
Oven Baked Fries  
Assorted Fruit  
Frosted Thanksgiving Cookie

22  
No School

23  
Happy Thanksgiving

24  
No School

27  
No School

28  
Dominos Pizza  
(Sausage, Cheese, or Pepperoni)  
Green Peas  
Assorted Fruit

29  
Chicken Parmesan  
Rotini Marinara  
Seasoned Green Beans  
Assorted Fruit

30  
Toasted Cheese Sandwich  
Creamy Tomato Soup  
Seasoned Carrots  
Assorted Fruit

\*\*\*Menu subject to change!

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Chef or Chicken Caesar Salads
- Pizza (rotating varieties)

Meal Prices

Student Breakfast \$0.00  
Student Lunch \$2.60

Adult Breakfast \$2.05  
Adult Lunch \$3.25

### School News

Nov. 22<sup>nd</sup> – 27<sup>th</sup> – No School  
Nov. 23<sup>rd</sup> – Thanksgiving

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# NOVEMBER 2017

## Herculaneum High Lunch

MONDAY

### DID YOU KNOW?

American football is the main sport watched in the United States during this month.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6  
Breaded Mozzarella Cheese Sticks  
Marinara Dipping Sauce  
Steamed Broccoli  
Rotini Marinara  
Assorted Fruit

7  
Chicken Fajitas  
Sautéed Peppers & Onions  
Warm Tortilla  
Refried Beans  
Assorted Fruit

8  
Cheesy Hamburger Helper  
Warm Dinner Roll  
Green Peas  
Assorted Fruit

9  
Crispy Popcorn Chicken  
Warm Dinner Roll  
Mashed Potatoes & Gravy  
Golden Corn  
Assorted Fruit

3  
Beef Nachos Bar  
w/ White Queso  
Cheesy Refried Beans  
Assorted Fruit

Domino's Still Available

13  
Cheesy Enchiladas  
Smothered in Red Sauce  
Brown Rice  
Black Bean Salad  
Assorted Fruit

14  
Baked Potato Bar  
(Cheese, Diced Ham, Steamed Broccoli)  
Large Soft Pretzel  
Assorted Fruit

15  
Spaghetti w/ Meatsauce  
Garlic Breadstick  
Steamed Broccoli  
Assorted Fruit

16  
Turkey Roast w/ Gravy  
Warm Dinner Roll  
Mashed Potatoes & Gravy  
Golden Corn  
Assorted Fruit

17  
Chicken Chili Cheese  
Crispitos  
Nacho Cheese Sauce  
Seasoned Green Beans  
Assorted Fruit

Domino's Still Available

20  
Shredded BBQ Pork  
Sliders  
Oven Baked Fries  
Assorted Fruit  
Frosted Thanksgiving Cookie

21  
Domino's Pizza  
(Sausage, Cheese, or Pepperoni)  
Seasoned Carrots  
Assorted Fruit

22  
No School

23  
Happy Thanksgiving

24  
No School

27  
No School

28  
Chicken Taco  
Shredded Lettuce, Diced Tomatoes, Cheddar Cheese, & Salsa  
Refried Beans  
Assorted Fruit

29  
Broccoli Cheddar Soup in a Bread Bowl  
1/2 Toasted Ham & Cheese Sandwich  
Seasoned Carrots  
Assorted Fruit

30  
Chicken Parmesan  
Rotini Marinara  
Steamed Broccoli  
Assorted Fruit

\*\*\*Menu subject to change!

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée

- Cheeseburger
- Breaded Chicken Patty Sandwich
- Breaded Spicy Chicken Patty Sandwich
- Salad Bar
- Deli Bar
- Pizza (rotating variety)

Meal Prices

Student Breakfast \$0.00  
Student Lunch \$2.60

Adult Breakfast \$2.05  
Adult Lunch \$3.25

### School News

Nov. 22<sup>nd</sup> – 27<sup>th</sup> – No School  
Nov. 23<sup>rd</sup> – Thanksgiving

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