NOVEMBER 2017

Taylor Early Childhood

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

American football is the main sport watched in the United States during this month.

b

Assorted Cereal w/ Graham Crackers

Orange Chicken w/ Fried Rice Steamed Broccoli Assorted Fruit Mini Cream Cheese Filled Bagels

> Chicken Patty Golden Corn Assorted Fruit

Assorted Cereal w/ Graham Crackers

Domino's Cheese Pizza Fresh Cherry Tomatoes Assorted Fruit

Assorted Cereal w/ Graham Crackers

Breaded Mozzarella Cheese Sticks Marinara Dipping Sauce Steamed Broccoli Assorted Fruit Mini French Toast

Cheeseburger Fresh Baby Carrots Assorted Fruit Assorted Cereal w/ Graham Crackers 8

22

Cheesy Hamburger Helper Green Peas Assorted Fruit Warm Cinnamon Roll

Crispy Popcorn Chicken Mashed Potatoes & Gravy Assorted Fruit Assorted Cereal w/ Graham Crackers

Domino's Cheese Pizza Seasoned Green Beans Assorted Fruit

Assorted Cereal w/ Graham Crackers

Chicken Patty Sandwich Fresh Cherry Tomatoes Assorted Fruit Trix Yogurt Cup w/ Graham Crackers

Large Soft Pretzel w/ String Cheese Stick Fresh Broccoli Florets Assorted Fruit Assorted Cereal w/ Graham Crackers

Spaghetti w/ Meatsauce Steamed Broccoli Assorted Fruit Mini Cinnis

16

30

Turkey Roast w/ Gravy Warm Dinner Roll Mashed Potatoes & Gravy Assorted Fruit Assorted Cereal w/ Graham Crackers

Domino's Cheese Pizza Seasoned Green Beans Assorted Fruit

Assorted Cereal w/ Graham Crackers

Chesseburger
Oven Baked Fries
Assorted Fruit
Frosted Thanksgiving
Cookie

Sliced Pumpkin Bread

Domino's Cheese Pizza Seasoned Carrots Assorted Fruit No School Happy
Thanksgiving

No School

No School Mini Cream Cheese Filled Bagels

Chicken Taco w/ Shredded Cheese Refried Beans Assorted Fruit Assorted Cereal w/ Graham Crackers

Toasted Ham & Cheese Sandwich Seasoned Carrots Assorted Fruit Honey Bun

Turkey & Cheese Wrap Fresh Broccoli Florets Assorted Fruit

***Menu subject to change!
Breakfast includes:

- Menu item
- ½ c Fruit
- 4 oz 100% Juice
- Choice of Cold Milk

Lunch includes:

- Choice of entrée
- ½ c Fruit
- ½ c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée
Peanut Butter and Jelly
Sandwich
Blackcat Pack – Yogurt 8

Graham Crackers

Meal Prices

Student Breakfast \$0.00 Student Lunch \$2.50

Adult Breakfast \$2.05 Adult Lunch \$3.25

School News

Nov. $22^{nd} - 27^{th}$ - No School Nov. 23^{rd} - Thanksgiving

No more worrying about lost lunch money. Pay your child's meal account online at http://dunklin.revtrak.net.

Help hint: deposit \$47.50 into your students account for lunch this month.

*****Every grain item is whole grain

USDA is an equal opportunity provider and employer.

NOVEMBER 2017

Pevely Elementary

THURSDAY

Assorted Cereal w/

Graham Crackers

DID YOU KNOW?

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6

Trix Yogurt Cup w/ **Graham Crackers**

MONDAY

BBQ Rib Sandwich Baked Beans Chilled Peaches

Graham Crackers Chicken Nuggets

Warm Bread Stick Mashed Potatoes & Gravy Fresh Grapes

Assorted Cereal w/

Graham Crackers

Breakfast for Lunch!

Pancakes

Sausage Link

Tater Tots

Fresh Grapes

Assorted Cereal w/

Graham Crackers

Assorted Cereal w/

TUESDAY

Mini Cream Cheese Filled Bagels

Hearty Mac & Cheese Entrée Warm Breadstick Green Peas Chilled Blueberries

Honey Bun

Chicken Patty Sandwich Oven Baked Fries Chilled Mixed Fruit Frosted Thanksgiving Cookie

No

Domino's Pizza Day Seasoned Carrots Chilled Blueberries

School

Assorted Cereal w/ **Graham Crackers**

Spaghetti w/ Meatsauce Garlic Breadstick Seasoned Green Beans **Chilled Pears**

WEDNESDAY

Assorted Mini Donuts

Cheesy Hamburger Helper Warm Dinner Roll **Green Peas** Chilled Pears

Mini French Toast

Beef Nachos w/ Queso

Shredded Lettuce & Diced

Tomatoes

Salsa

Refried Beans

Chilled Apple Sauce

Sausage & Maple Pancake

Wrap on a Stick

Toasted Ham & Cheese

Seasoned Green Beans

Chilled Peaches

Birthday Rice

Krispie Treat

No

School

Mini Waffles

Popcorn Chicken

Warm Dinner Roll

Golden Corn

Chilled Apricots

Cheesy Bosco Sticks Marinara Dipping Sauce Seasoned Green Beans Fresh Apple

> Assorted Cereal w/ **Graham Crackers**

9

Domino's Pizza Dav Seasoned Green Beans Chilled Peaches

Assorted Cereal w/ **Graham Crackers**

Assorted Tony's Pizza **Seasoned Carrots** Fresh Banana

Happy **Thanksgiving**

Assorted Cereal w/ **Graham Crackers**

Cheese Pizza Steamed Broccoli FRIDAY

Mini Pancakes

Chicken & Cheese Wrap Cheddar Goldfish Crackers Steamed Broccoli Chilled Applesauce

Breakfast Bosco Egg & Cheese Stick *****

Cheeseburger Oven Baked Fries Fresh Orange Slices

Assorted Large Muffin

Turkey Roast w/ Gravy Warm Dinner Roll Mashed Potatoes & Gravy Cinnamon Baked Apple Slices

> No School

24

30

Home-made Pepperoni

Fresh Banana

***Menu subject to change!

- Breakfast includes: Menu item
 - 1/2 c Fruit
 - 4 oz 100% Juice
 - Choice of Cold Milk

Lunch includes:

- Choice of entrée
- 1/2 c Fruit
- 1/2 c Vegetable
- Grain/bread
- Choice of Cold Milk

Daily Alternate Lunch Entrée Peanut Butter and Jelly Sandwich Blackcat Pack - Yogurt & **Graham Crackers** (Tuesday/Thursday), Che Sticks w/ Soft Pretzel (Monday/ Wednesday/Fri

Meal Prices

Student Breakfast \$0.00 Student Lunch \$2.50

Adult Breakfast \$2.05 **Adult Lunch** \$3.25

School News

Nov. 15th - Birthday Celebrations Nov. 22nd - 27th - No School Nov. 23rd - Thanksgiving

No more worrying about lost lunch money. Pay your child's meal account online at http://dunklin.revtrak.net.

Help hint: deposit \$45.00 into your students account for lunch this month.

*****Every grain item is whole

USDA is an equal opportunity provider and employer.

NOVEMBER 2017

Senn Thomas Middle & Herculaneum High Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

American football is the main sport watched in the United States during this month.

Maple Pancake Sausage on a Stick Mini Cream Cheese Filled

Bagels Assorted 100% Fruit Juice Assorted Fruit

Assorted Iced Long Johns

Breakfast Pizza

Assorted 100% Fruit Juice

Assorted Fruit

Breakfast Sliders Assorted Bagels w/ Cream Cheese Assorted 100% Fruit Juice **Assorted Fruit**

Sausage & Cheese Biscuit

Warm Baked Cinnamon

Roll

Assorted 100% Fruit Juice

Assorted Fruit

Donut Holes

Breakfast Boat Assorted 100% Fruit Juice Assorted Fruit

Assorted Fruit Frudel

Cheesy Scrambled Eggs &

Biscuit

Assorted 100% Fruit Juice

Assorted Fruit

Daily Alternate Breakfast Entr

***Menu is subject to change!

Entrée of bread and/or protein

1/2 c fresh, frozen, canned fruit

Breakfast includes:

100% 4 oz Juice

Choice of Cold Milk

- Chocolate or **Powdered Donuts**
- **Honey Bun**
 - Fruit & Yogurt Parfair w/Granola
 - Assorted Cereal w/ **Graham Crackers**
- **Assorted Benefit Bar**

Meal Prices

\$2.05

\$3.25

Student Breakfast \$0.00

School News

Nov. 22nd - 27th - No School

No more worrying about lost

lunch money. Pay your child's

Help hint: deposit \$46.80 into your students account for lunch

Nov. 23rd - Thanksgiving

meal account online at

http://dunklin.revtrak.net.

Student Lunch

Adult Breakfast

Adult Lunch

- **Assorted Poptart**
- **Assorted Large** Muffins

Breakfast Pizza **Pancakes** Assorted 100% Fruit Juice

Assorted Fruit

Dutch Waffle w/ Sausage

Assorted Bagels w/ Cream

Cheese

Assorted 100% Fruit Juice

Assorted Fruit

Mini Breakfast Bites Mini Cinnis Assorted 100% Fruit Juice

Breakfast Bites

Mini French Toast

Assorted 100% Fruit Juice

Assorted Fruit

Fresh Baked Cinnamon Roll Mini Waffles Assorted 100% Fruit Juice Assorted Fruit

Donut Holes Breakfast Boat Assorted 100% Fruit Juice Assorted Fruit

Breakfast Taco Jumbo Waffle Assorted 100% Fruit Juice Assorted Fruit

Sausage & Cheese Bagel French Toast Sticks Assorted 100% Fruit

Juice

Assorted Fruit

Sausage & Cheese Biscuit Assorted Iced Lona **Johns** Assorted 100% Fruit Juice Assorted Fruit

No School

Happy **Thanksgiving**

No School

No School

Biscuits & Gravv Mini Filled Bagels Assorted 100% Fruit Juice Assorted Fruit 28

Maple Pancake Sausage on a Stick French Toast Sticks Assorted 100% Fruit Juice **Assorted Fruit**

Iced Donut Ring Breakfast Pizza Assorted 100% Fruit Juice Assorted Fruit

E

this month. *****Every grain item is whole

USDA is an equal opportunity provider and employer.

Assorted Fruit

23

NOVEMBER 2017 Senn Thomas Middle Lunch TUESDAY WEDNESDAY THURSDAY MONDAY FRIDAY ***Menu subject to change! Lunch includes: Choice of entrée DID YOU KNOW? 1/2 c Fruit Nachos w/ Queso 1/2 c Vegetable Country Fried Steak w/ Shredded Lettuce & Diced **Orange Chicken Country Gravy Tomatoes** Fried Rice Grain/bread American football is the main sport Warm Dinner Roll Salsa Steamed Broccoli Choice of Cold Milk **Refried Beans** Assorted Fruit Mashed Potatoes w/ Gravy watched in the United States **Assorted Fruit Assorted Fruit** Daily Alternate Lunch Entré during this month. Cheeseburger **Breaded Chicken Patty Sandwich Dominos Pizza Breaded Mozzarella** Chicken Fajitas **Breaded Spicy** Sauteed Peppers & (Sausage, Cheese, or Crispy Popcorn Chicken **Cheese Sticks** Cheesy Hamburger Helper **Chicken Patty** Onions Warm Dinner Roll Marinara Dipping Sauce Warm Dinner Roll Pepperoni) Sandwich Steamed Broccoli Green Peas Warm Tortilla Seasoned Green Beans Mashed Potatoes & Gravy Refried Beans Chef or Chicken Assorted Fruit Assorted Fruit **Assorted Fruit Assorted Fruit** Assorted Fruit Caesar Salads Pizza (rotating variet **Meal Prices** Student Breakfast \$0.00 **Baked Potato Bar Dominos Pizza** Student Lunch \$2.60 Spaghetti w/ Meatsauce Cheesy Enchiladas (Cheese, Diced Ham, Turkey Roast w/ Gravy (Sausage, Cheese, or **Breadstick** Steamed Broccoli) Warm Dinner Roll Pepperoni) Smothered in Red Sauce **Adult Breakfast** \$2.05 Steamed Carrots Steamed Broccoli **Black Beans** Large Soft Pretzel Mashed Potatoes & Gravy Adult Lunch \$3.25 Assorted Fruit Assorted Fruit Assorted Fruit **Assorted Fruit Assorted Fruit School News** Nov. 22nd - 27th - No School Nov. 23rd - Thanksgiving 23 No more worrying about lost **Dominos Pizza** Нарру No No lunch money. Pay your child's Shredded BBQ Pork Sliders (Sausage, Cheese, or meal account online at Oven Baked Fries Pepperoni) **Thanksgiving** School http://dunklin.revtrak.net. Assorted Fruit School Golden Corn Assorted Fruit Help hint: deposit \$46.80 into Frosted Thanksgiving your students account for lunch Cookie this month. *****Every grain item is whole 27 30 L 28

Chicken Parmesan

Rotini Marinara

Seasoned Green Beans

Assorted Fruit

Toasted Cheese

Sandwich

Creamy Tomato Soup

Seasoned Carrots

Assorted Fruit

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provider and employer.

No

School

Dominos Pizza

(Sausage, Cheese, or

Pepperoni)

Green Peas

Assorted Fruit

NOVEMBER 2017 Herculaneum High Lunch ***Menu subject to change! MONDAY TUESDAY WEDNESDAY **THURSDAY** FRIDAY Lunch includes: Choice of entrée 1/2 c Fruit DID YOU KNOW? 1/2 c Vegetable **Beef Nachos Bar** Country Fried Steak w/ w/ White Queso Orange Chicken Grain/bread Veggie Egg Roll **Country Gravy** Cheesy Refried Beans Choice of Cold Milk American football is the main sport Fried Rice Mashed Potatoes & Gravy **Assorted Fruit** Steamed Broccoli Golden Corn watched in the United States **Daily Alternate Lunch Entrée Assorted Fruit Assorted Fruit** during this month. Cheeseburger Domino's Still Available **Breaded Chicken Par** Sandwich **Breaded Spicy Breaded Mozzarella** Chicken Fajitas Chicken Patty Cheese Sticks Sauteed Peppers & Cheesy Hamburger Helper Crispy Popcorn Chicken **Dominos Pizza** Sandwich Marinara Dipping Sauce Onions Warm Dinner Roll Warm Dinner Roll (Sausage, Cheese, or **Green Peas** Mashed Potatoes & Gravy Pepperoni) Salad Bar Steamed Broccoli Warm Tortilla Refried Beans Assorted Fruit Golden Corn **Green Beans** Rotini Marinara Deli Bar **Assorted Fruit Assorted Fruit** Assorted Fruit Assorted Fruit Pizza (rotating variety **Meal Prices** Student Breakfast \$0.00 16 13 Student Lunch \$2.60 Chicken Chili Cheese Cheesy Enchiladas **Baked Potato Bar** Spaghetti w/ Meatsauce Turkey Roast w/ Gravy Crispitos Smothered **Adult Breakfast** \$2.05 Nacho Cheese Sauce in Red Sauce (Cheese, Diced Ham, **Garlic Breadstick** Warm Dinner Roll **Adult Lunch** \$3.25 **Brown Rice** Steamed Broccoli) Steamed Broccoli Mashed Potatoes & Gravy Seasoned Green Beans Golden Corn Assorted Fruit **Assorted Fruit** Black Bean Salad Large Soft Pretzel Assorted Fruit **Assorted Fruit Assorted Fruit** School News Nov. 22nd - 27th - No School **Dominos Still Available** Nov. 23rd - Thanksgiving 23 No more worrying about lost Shredded BBQ Pork **Dominos Pizza** No Happy No lunch money. Pay your child's Sliders (Sausage, Cheese, or meal account online at Oven Baked Fries Pepperoni) **Thanksgiving** School http://dunklin.revtrak.net. School Seasoned Carrots Assorted Fruit Assorted Fruit Help hint: deposit \$46.80 into Frosted your students account for lunch Thanksgiving this month. Cookie *****Every grain item is whole 27 2A 29 30 grain No Broccoli Cheddar Soup Chicken Parmesan Chicken Taco USDA is an equal opportunity Rotini Marinara in a Bread Bowl Shredded Lettuce, Diced provider and employer. School 1/2 Toasted Ham & Steamed Broccoli Tomatoes, Cheddar Assorted Fruit Cheese, & Salsa Cheese Sandwich

Refried Beans

Assorted Fruit

Seasoned Carrots

Assorted Fruit